# Equipment and Clothing List

Wollangarra has a well-stocked gear store of donated, op-shopped or fundraised-for, second-hand and solid hiking gear. We operate with the ethos that young people should be able to be kitted-out to safely head into the mountains, no matter what financial background they come from. Please try and pack everything on this list, however, if you can't, we can provide a lot of it. Everything you pack you will be carrying into Wollangarra (about 2kms). So, we strongly recommend only bringing what you need and packing into a back-pack or duffel bag rather than a suitcase. Op-shops are great for obtaining most of these items below, if you do not already own them, or can't borrow them.

Note: Wollangarra no longer provides sheets and pillowcases for the bunkhouses or socks, thermal tops and thermal pants. Please ensure you bring these along to use.

**Needed**

- 1 x Pillowcase
- 1 x Single sheet (fitted is preferred)
- 1 x Towel
- 1 x Pair of shorts – to hike in
- 1 x Pair of shorts – to wear after hiking
- 1 x Long sleeve shirt with a collar – an old work shirt is perfect
- 2 x T-shirts
- 1 x Thermal Top and Long pants to wear under clothes (only polypropylene or wool - no cotton)
- 3 x Pairs of socks - for hiking so thick wool/wool blend socks are best
- 4 x Sets of underwear
- 1 x Closed toe shoes – hiking boots if you have them, otherwise sneakers
- Torch and spare batteries
- Basic toiletries – toothbrush, toothpaste, bar of soap, tampons, pads, etc.
- Wide brimmed hat (not a baseball cap)
- Sunscreen – we send some out in group gear if you do not want to bring your own
- Personal medications - e.g. asthma puffer, allergy medication etc
- Pair of swimmers – all year round. You never know!
- Money to buy lunch on the first and last days - if on a school course, check with school if this applies to you
- Roll of sports tape – only if you have any existing knee or ankle injuries that may require taping

**Optional**

Wollangarra supplies all of these, but you may bring your own if you have them - we will check if they are suitable to keep you safe in the mountains. Please don't buy these items specifically for the program.

- Long pants – polar fleece, quick dry or Wool are best.
- Woolen jumper
- Hiking boots - worn in with good ankle support
- Rain jacket – Thick, gortex or similar
- Sleeping Bag with a -5°C rating or better– Wollangarra provides sleeping bags suitable hiking
- Inner sheet
- Sleeping mat
- Hiking backpack - must be a specific hiking backpack with at least a 75 litre capacity
- Beanie
- A camera (not a phone) and a journal are great to bring along too. Just make sure you waterproof them

*packing list continued on next page...*

# Equipment and Clothing List - continued

If you do bring your own equipment we will check its suitability for the hike, and reserve the right to insist that you use Wollangarra equipment if we feel it is safer or better suited. Please do not bring tents.
You are financially responsible for the loss or deliberate damage of all Wollangarra equipment and property, so please treat it well.

**Please do not bring:**

- Lollies and junk food - the program is fully catered
- Electronic devices - including phones
- Hair dryers / Straighteners
- Valuables - damage or loss is possible
- Knives and weapons including pocket knives
- Make-up and aerosol spray deodorant
- Vapes, Cigarettes or Alcohol – Drinking alcohol, vaping or smoking cigarettes whilst at Wollangarra will result in participants being immediately sent home at families expense and effort.

A group celebrating the completion of the hike back at the homestead